



Meals on Wheels • Assisted Transportation • Fall Prevention
Friendly Visitors • Care Coordination & more

Volunteer to be a part of LIFE!



Do you have some weekday
availability?

We need **DRIVERS** to provide
assisted transportation
&
FRIENDLY VISITORS for
homebound seniors

Call 510-894-0370, email info@LifeElderCare.org, or visit
www.LifeElderCare.org to get started

Services available in Alameda County

Know a senior who needs support? Please ask them to get in touch.