# COUNTING ON A CASA VOLUNTEER

Alameda County Court Appointed Special Advocates (CASA) helps change the odds for foster youth.

Every child needs a champion. For children and youth facing the complex foster care system, a trusted mentor can make all the difference in the world. Alameda County CASA recruits, trains, and supports dedicated volunteers to be the constant in a child's life—a person they can count on for compassion, guidance, advocacy, and information. The results can be life-altering.

### FOSTER YOUTH FACE PROFOUND CHALLENGES

ínÌ 56% 33-50% 3% 5% rural 51% 21% urban Of former foster Graduate high school Earn a college Will be unemployed youth experienced (versus 85% state at age 22 degree homelessness Foster youth average) by age 26 have computers

### Alameda County CASA volunteers support proven pathways to more positive outcomes:

#### SELF-ESTEEM BUILDING

Valuing opinions, giving positive affirmations, supporting identity development, recognizing youth's successes and strengths

#### TRUST & RELATIONSHIP BUILDING

Listening, developing consistency, modeling healthy coping skills, and celebrating milestones

# EDUCATIONAL SUPPORT

Reading with youth, helping with school work and digital literacy, playing learning games, attending school meetings, and setting goals

#### CULTURAL & COMMUNITY EVENTS

Exploring festivals, culturally relevant experiences, historical landmarks, theater and arts, and volunteer opportunities

# NEW EXPERIENCES & ACTIVITIES

Visiting museums, parks, beaches, the zoo, and restaurants; attending sporting events; and discovering hobbies

### INDEPENDENT LIVING SKILLS

Finding a job and housing, strengthening family connections, completing high school and college, and developing financial literacy

### **BETTER PREPARED FOR A BETTER LIFE**

## Youth with an Alameda County CASA volunteer are more likely to:



RECEIVE NEEDED SERVICES IN A TIMELY MANNER



BE ENROLLED IN AN APPROPRIATE EDUCATIONAL SETTING



PARTICIPATE IN EXTRACURRICULAR ACTIVITIES



HAVE LONG-TERM CONNECTIONS TO SIBLINGS, RELATIVES, OR OTHER SUPPORT PEOPLE



BE ON TRACK TO GRADUATE HIGH SCHOOL ON TIME



PURSUE POST-SECONDARY EDUCATION

### OF THE YOUTH WITH AN ALAMEDA COUNTY CASA\*:

100%

Graduated from high school

# 50%

Enrolled in university, community college, or vocational school 98%

Own or have access to a computer and internet for school and work "When you are in the foster care system, it's really easy to feel isolated. To have somebody there who is checking in on you and just genuinely wants to be around you and help you, it's a really good feeling."

– Alameda County CASA Foster Youth

### A POWERFUL SOLUTION FACES A GROWING NEED

340 Alameda County foster youth provided a CASA volunteer

1,000+ Alameda County foster youth still without a CASA volunteer

You can make a difference. Learn more at www.casaofalamedacounty.org.



Alameda County CASA is a member of the National CASA/GAL Association. \*Based on an Alameda County CASA 2020 Survey. CASA Court Appointed Special Advocates FOR CHILDREN ALAMEDA COUNTY

